



# NAYA FINANCIAL WELLNESS



The Financial Wellness class is conducted in a non-judgmental, helpful and confidential manner. No matter your age, educational background or financial situation the Financial Wellness class is here to help you realize your goals and calm your financial stress.

## 2018 SATURDAY CLASS

Enroll in the one day Saturday class  
from 9am - 5pm  
June 9, 2018 • August 11, 2018



### Bring Peace of Mind Back to Your Life by Learning to:

- Understand financial statements
- Create a realistic budget to live on
- Make adjustments in your spending to save money
- Check your credit and understand credit challenges
- Calculate interest & charges on car/house/education loans

**CLASS RESERVATION IS NECESSARY**  
**TO REGISTER EMAIL [CECELIAL@NAYAPDX.ORG](mailto:CECELIAL@NAYAPDX.ORG)**

Contact: Cecelia E. Lente, IDA Coordinator | NAYA Family Center | 5135 NE Columbia Blvd. | Portland, OR 97218 | 503-288-8177 x351

The NAYA Family Center, in accordance with the Americans with Disabilities Act (ADA) of 1990, will provide reasonable accommodations for participants with disabilities (e.g. attention, health, hearing, learning, mobility, physical, psychiatric or vision). If you require special assistance, please contact our IDA Coordinator, Cecelia Lente two weeks in advance.